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## <u>Our History</u>

Since 1980, the Boys & Girls Club of Harlem has been at the forefront of youth development in our community. We are committed to providing after-school access to character-building, educational programming and opportunities otherwise unavailable to the Harlem youth (ages 6-18) that we service. We foster a safe environment where our young people can be themselves, have fun and, engage in interesting, constructive activities that channel youthful energy into challenging pursuits.

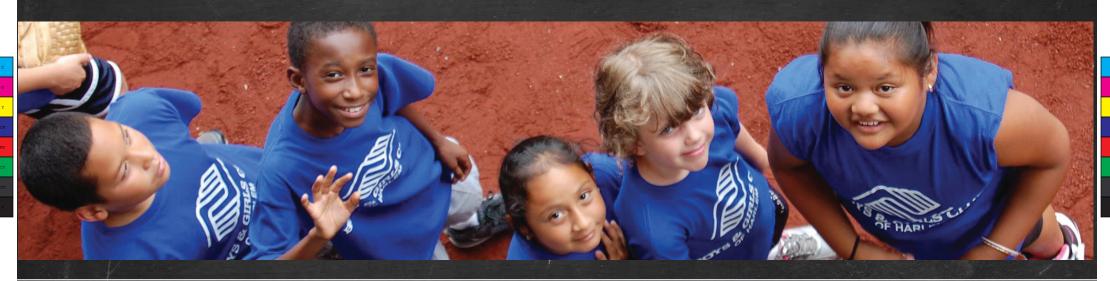
## Our Mission

The mission of the Boys & Girls Club of Harlem is to provide access and opportunities for youth to reach their full potential as responsible members of the community.



### Our Outcomes

Today, over 500 at-risk boys and girls are taking advantage of the programs, activities, and services provided by the Boys & Girls Club of Harlem. They benefit from trained, caring professional staff and volunteers who help young people take control of their lives, envision productive Over futures, and reach their goals.



# Our-Progrāms

#### **EDUCATION & CAREER DEVELOPMENT**

This aspect of our program enables youth to become proficient in basic educational disciplines, set goals, explore careers, prepare for employment and embrace technology to achieve success.

### **HEALTH & LIFE SKILLS**

We help young people develop the capacity to engage in positive behaviors that nurture their own well-being, set personal goals and live

successfully as self-sufficient adults.

#### **CHARACTER & LEADERSHIP DEVELOPMENT**

Programs in this core area empower youth to support and influence both their club and the larger community, sustain meaningful relationships with others, develop a positive self-image and good character, participate in the democratic process and respect their own and other's cultural identities.

#### THE ARTS

Our arts program enables youth to develop their creativity and cultural awareness through knowledge and appreciation of the visual arts, crafts, performing arts and creative writing.

#### **SPORTS, FITNESS & RECREATION**

Programs in this core area develop fitness, positive use of leisure time, skills for stress management, appreciation for the environment and social skills.







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